

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## **Shannon Speers**

Has successfully participated & completed the

13km Adventure Included: Modderfontein Trail Run

held at Modderfontein Reserve.

**TIME** 01:17:00

**PACE** 05:54/km

**OVERALL** 36 of 111

**GENDER** 8 of 48

**40 - 49** 1 of 13

28 April 2019, Sun

Date



BoutTime

Signature